

Mettā Prayer

(Buddhist Loving Kindness Prayer adapted)

Clif Hardin

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Soprano

Alto

Tenor

Bass

mp

May I be _____ at

mp

Use pedal throughout

5

peace. _____ May I be con - fi - dent and

peace. _____ May I be con - fi - dent and

peace. _____ May I be con - fi - dent and

peace. _____ May I be con - fi - dent and

9 *mf*
true. _____ May I be held _____ in love. _____
mf
true. _____ May I be held _____ in love. _____
mf
true. _____ May I be held _____ in love. _____
mf
true. _____ May I be held _____ in love. _____

14
_____ May _____ I be well. _____
_____ May _____ I be well. _____
_____ May _____ I be well. _____
_____ May _____ I be well. _____

19

May you be at peace.

May you be at peace.

May you be at peace.

May you be at peace, be at peace.

23

May you be confident and true.

May you be confident and true, and true.

May you be confident and true.

May you be confident and true.

27

May you be held in love.

This block contains the musical notation for measures 27 through 30. It features four vocal staves (Soprano, Alto, Tenor, Bass) and two piano staves. The lyrics are: "May you be held in love." The music is in a minor key with a 3/4 time signature. A large watermark "NotPhoto.com" is overlaid on the score.

31

May you be well.

May you be well.

May you be well.

May you be well.

This block contains the musical notation for measures 31 through 34. It features four vocal staves and two piano staves. The lyrics are: "May you be well." The music continues in the same key and time signature. A large watermark "NotPhoto.com" is overlaid on the score.

35 *mf*

Peace to you.

mf

Peace to you.

mf

Peace to you.

mf

Peace to you.

esp.

39

Love to you.

Love to you.

Love to you.

Love to you.

esp.

43

Kind - ness and com - pas - sion

Kind - ness and com - pas - sion

Kind - ness and com - pas - sion

Kind - ness and com - pas - sion

esp.

esp.

This block contains the musical notation for measures 43 through 46. It features four vocal staves (Soprano, Alto, Tenor, Bass) and a piano accompaniment. The lyrics are "Kind - ness and com - pas - sion". The piano part includes dynamic markings *esp.* (espressivo) in measures 44 and 45. A large watermark "ZotPhoto.com" is visible across the score.

47

live in you.

live in you.

live in you.

live in you.

This block contains the musical notation for measures 47 through 50. It features four vocal staves and a piano accompaniment. The lyrics are "live in you.". The piano part includes a change in texture and dynamics in measure 49. A large watermark "ZotPhoto.com" is visible across the score.

51

May we be at

May we be at

May we be at

May we be at

55

peace. May we be confident and

69 *mp*

May you and I be well. May we be

May you and I be well. May we be

May you and I be well. May we be

May you and I be well. May we be

mp

75

well.

well.

well.

well.

rall. -----